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ZWARTKOP: A GOLF, LIFESTYLE AND ENTERTAINMENT CLUB

GOLF, TOPPADEL, TOPTRACK RANGE POWERED BY TRACKMAN, HAIR SALON, GYM, KIDS PLAY AREA, DELI & SO MUCH MORE.

VISITORS ARE WELCOME



TOPPADEL
ZWARTKOP COUNTRY CLUB

TOPTRACK
Powered by
TRACKMAN

9-HOLE GOLF COURSE

**BOOK FOR GOLF & TOPTRACK POWERED BY TRACKMAN THROUGH GOLF SHOP
ON (012)654-1144 & FOR TOPPADEL THROUGH THE PLAYTOMIC APP**

WWW.ZWARTKOPCOUNTRYCLUB.CO.ZA

Thursday, June 20, 2024



Please consider the environment before printing this newsletter.



[Click here](#) to join the Zwartkop Country Club Facebook group.

From the Club

Junior Club Champs - Fri, 21 June

Good luck to all our juniors playing in Club Champs tomorrow.

Junior Golf Challenge at Zwartkop – 3rd July

We have a really fun junior event just for you! Check it out... play 9 holes of golf, play 18 holes on Trackman, and compete in a putting competition – all in one day!

Contact Sharon to enter on (012) 654-1144 / sharon@zwartkopcc.co.za.

**JUNIOR
GOLF CHALLENGE**

- **9-HOLES GOLF**
- **18-HOLES ON TRACKMAN**
- **PUTTING COMP**

*PLAYERS MUST HAVE AN OFFICIAL HANDICAP

**R400PP INCL GOLF, TRACKMAN LUNCH,
PRIZES FOR COMBINED COMP - 1ST TO
5TH GROSS & 1ST TO 3RD NETT**

 **DATE: WED, 3RD JULY**

 **TIME: 09.00 - 17.00**

SIGN UP NOW!

Contact Sharon (012) 654-1144 /
sharon@zwartkopcc.co.za

**ZWARTKOP
COUNTRY CLUB**

Zwartkop Hair & Beauty Salon Golf Day – Fri, 5th July

Nadine and the Salon team are raising funds to revamp the Salon. The theme is Black and White... think The Godfather, Marilyn Monroe, Whisky, Wine, and Cigars.

R2000 per 4 Ball excluding golf carts, includes halfway house & dinner.

Bookings through the golf shop on (012) 654-1144.

Please contact Nadine on 082-875-9056 if you would like to sponsor prizes or a waterhole to promote your business or products. Stalls will also be available on the day for you to sell products.

**ZWARTKOP
COUNTRY CLUB
PRESENTS**

**Zwartkop Hair & Beauty
GOLF DAY**

GOLF ● WHISKY ● CIGARS

Fri, 5 July 2024

SHOTGUN START @12H00

**R2000 per 4 ball
American Scramble**

**Boerewors Grab & Go,
Prizegiving Dinner Included.**
• Excluding Golf Carts.

**Theme:
Black & White**

**Bookings:
Nadine - 082 875 9056
or @ The Proshop**

Star of the Week

Congrats to Divan Englebrecht who won the June Order of Merit event.





Speaking of Junior Order of Merit...

If your kid is an active golfer, with a handicap, why not get them to join our Saturday afternoon Junior Order of Merit School. The next event takes place on Saturday, 21st July! There are both monthly prizes to be won and an overall winner at the end of the term.

Contact Duane on 078-459-1549 / duane@zwartkopcc.co.za.

Padel Coaching

Padel is for everyone – it is a truly fun way to be with friends, make new friends, and get in that much-needed exercise.

We have a new coach on board who will be setting up classes for all levels and ages:

- Men's advanced matchplay evening squad
- Beginners / new to padel squad for new players
- Level up squads for players who have played and want to take their game to the next level
- Ladies squad in the mornings
- Kids squad

Contact the range/padel staff on 072-629-3569 if you are interested in being part of any of these squads or receiving more information – let's get you into the game or playing the game better!



TOPTRACK VIP BAYS

Have a party or corporate event in mind? You do not have to be a golfer to use the TopTrack Range powered by Trackman. Our team will show you fun games you can play with any level of participant and they are guaranteed to have fun while giving it a try!

TopPadel or TopTrack are great ways to entertain friends or clients, host a party or team-building function – chat to us so we can create an event for you.

We are able to assist with conferences, dinners, lunches, TopPadel and TopTrack Range events, kids' birthday parties, and so much more.



TOP TRACK
ZWARTKOP COUNTRY CLUB

VIP PACKAGE

LOOKING FOR A VIP DRIVING RANGE EXPERIENCE?

- 3X VIP BAYS: 3 HOURS MINIMUM
- 12 PEOPLE
- R3,500 (R1,000 PER ADDITIONAL HOUR)
- INCLUDES A R400 DRINKS VOUCHER & UNLIMITED BALLS

CORPORATE PACKAGE

- 10 BAYS: 3 HOURS MINIMUM
- 40 people
- R9,500 (R3,000 PER ADDITIONAL HOUR)
- UNLIMITED BALLS

TRACKMAN

012 654 1144

CONTACT US FOR MORE INFORMATION AND BOOKINGS!

From the coaching team

Let us help you play better golf

This week, Duane talks about contact with the ball and what the club does at impact. He gives you a great drill to help you improve your ball contact.



Duane Keun is the Head Teaching Professional at Zwartkop. You can contact him on 078-459-1549.

Remember to repair your pitch marks!

Left for even the shortest time means it takes a lot longer for the greens – and fairway divots to heal.



What's coming up?

We have tee-off times available all weekend. You can book online at www.zwartkopcountryclub.co.za or call the golf shop on (012) 654-1144.

Friday, 21st

Junior Club Champs – AM

Open Day – All Day & JOKERS WILD

Saturday, 22nd

Members Day – All Day (Format: BBS)

Mixed Padel Americano

Sunday, 23rd

Members – AM (Format: IS)

Open Day – All Day

Monday, 24th

Monday Madness – All Day

Members & Affiliated Visitors pay R240 (includes golf and a golf cart on a sharing basis). Non-affiliated golfers pay R350.

Singles Club – Sunday, 14th July

Team captains put together teams of 4 to compete against each other so the more people that play, the more money is up for grabs!

Prizes will go to:

- The Winning Team - Total of all 4 scores – medal nett. The players will share 50% of the entry fee.
- Individuals - Medal Gross and Nett i.e. Gross Winner, Runner-Up & 3rd place and Net winner & Runner-Up. These winners will share the other 50% of the entry fee.

Otway's Golf Shop



Golf Shop Raffle

You have just one week left to buy a ticket for the golf shop raffle. Up for grabs is a brand new SHOT SCOPE PRO LX Range Finder valued at R6999.

Only 100 tickets will be sold at R100 each through the golf shop – and all profits go to the golf shop staff.



Calendar



Results



Bookings

KWV
HOUSE OF BRANDY

AGED 5 YEARS

JOIN THE CLOSEST TO THE PIN ON TRACKMAN

BUY ANY KWV PRODUCTS & GET 3 FREE BALLS FOR THE CLOSEST TO THE PIN COMPETITION!

MONTHLY PRIZES TO BE WON!

Presented by **TRACKMAN**

Triple Distilled
PADDY
IRISH WHISKEY

TOP TRACK
ESTABLISHED 1987

Tricky lies

Escape with your first try

Playing from bunkers and heavy rough is tough enough as it is. But winter adds water and mush to the mix, and without a gameplan it can be tough to escape.



Your main priority in both cases is to get out and into safety in one shot. In both cases you need to have the correct technique, because the room for error is so much less.

Need some assistance? We're here to help.

See winter as an opportunity

Taking on the unique challenges of winter golf offers and opportunity for achievement and fun. Escaping difficult lies while every one else toils just adds to the enjoyment.

[Master winter golf](#)

ALL YOU NEED TO DO IS SWING



To add distance and power off the tee, you need improved energy transfer at impact. This was a main focus for Srixon when designing their ZX Mk II Drivers; clubs that improve your energy transfer without you having to change your swing.

[Experience ZX Mk II](#)

Saving you money this winter

Add distance to that tee shot

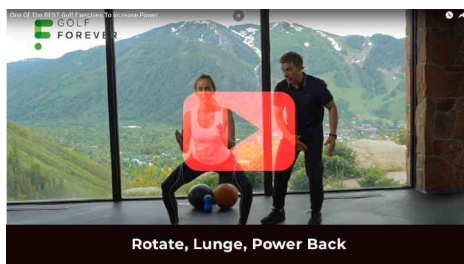
You don't have to buy a new driver to add metres to your tee shot in the spring. Even as we age, working on mobility and rotational strength will translate into swing speed.



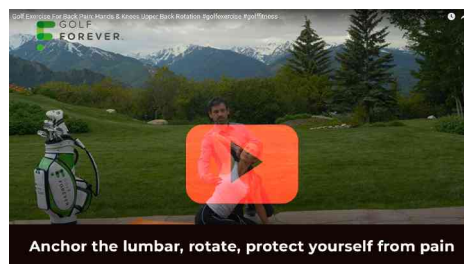
**ONE extra kph of swing speed =
TWO extra kph of ball speed =
FOUR extra metres of distance**

That's a generalisation because it depends on some additional factors but consider that just 5 extra kilometres per hour of swing speed could generate 20 extra metres of tee shot distance.

There are some simple exercises that will just take some commitment. The result could be far greater than you think. And the results could go beyond the golf course because mobility and strength matters.



The T-Step lunge will create rotational mobility AND power.



Improving your turn by increasing thoracic mobility.

These exercises are all simple without the need for expensive equipment (just a medicine ball) and all will help you improve mobility, range of motion, and speed.

[Watch now](#)

What's your starting point?

A good place to start to be able to track progress is with a swing speed check. Why not come and let us measure your driver swing speed now and see how it is after 30 days of exercise?

[Contact us](#)



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