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We need you for a Guinness World Record Attempt

Sunday, 17th April

If you missed yesterday's mailer, we have registered an attempt at a Guinness World Record for the fastest round of golf by a team. We have to beat 12:40.6 seconds for 18 holes.

It's not that impossible – it just needs some planning and some players – check out the video below of the current record holders.



We decided to get a couple of our members to demonstrate how this could be done – see here. They played the 1st hole in 27 seconds on Tuesday afternoon – take a look at their attempt here (video taken by Dale Michler).

Let's break it together!

If you are interested in being part of this event, get in touch with Chris Delport on 079-510-9062.

GUINNESS WORLD RECORD ATTEMPT Sun, 17th April - 15h00



Lions Club of Centurion Lifestyle Fundraiser Competition

Saturday, 26 March

Just a reminder that Saturday's competition is sponsored by The Lions Club.

The competition fee is R80.00, and the Lions Club will sponsor all the prizes.

Money raised will be going to Hennops Revival, a registered Public Benefit Organization, Working in common UNITY (community) reviving, healing, and restoring the Hennops River in collaboration with the government, other NGOs, NPOs, Forums, the private sector, and the public.





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- f Hennops Revival

Hennops Revival (PBO) NPO 246-266

Junior Masters

30 - 31 March

It's the school holidays! Let the kids join us for a two-day event that will see them having fun outdoors, making friends, and playing the game they love.

Contact Curtley for bookings on 071-809-3754.



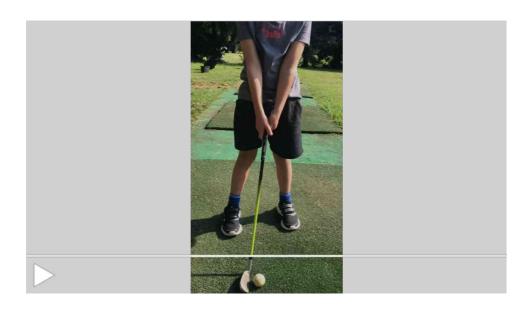
Stars of the week!

Congratulations to Zwartkop members Lea and Ame van der Merwe who finished first and third in the B-Division of the Nomads SA Girls Rose Bowl Championship presented by Sun International, at Lost City this week. Pia Daya finished fourth in the C-Division. Well done ladies!



Let us help you play better golf

This week, Curtley assists one of our junior golfers with his grip.



Curtley Roberts is an Apprentice PGA Member and part of the coaching team at Zwartkop.

Get your body and golf in synch

Ask Justin Godfrey how he can help you get the most out of your golf. He is Level 1 Titleist Performance Institute (TPI) certified and can improve your golf through a combination of TPI and golf exercises, especially if there is an underlying weakness in your body that is affecting your golf swing.

Contact Justin on 082-925-0236 for details.





The Golf Shop is on the move...

Last week we told you that we are moving the Shop, and in a nutshell, the plan is to move across to the bigger venue by the middle of April.

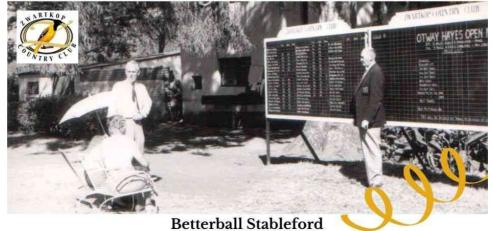
In the meantime between now and the start of The Masters (7th April) you should make all of your big golf purchases at Zwartkop because we are offering you a MONEY BACK PROMISE when LOUIS OOSTHUIZEN wins THE MASTERS...

You have nothing to lose...buy what you need and if Louis wins we will give you your money back in Golf Shop credit, on any purchases over R1000 between now the start of The Masters.



Looking to have some fun one Sunday afternoon?

Otway & Glen Hayes Mixed Sun, 10th April



R380pp incl. greenfees, comp fee & dinner
(R180 for pre-paid greenfees) / Cart Special R250 - sharing

Call the Golf Shop on (012)654-1144 or book online at www.zwartkopcountryclub.co.za

Wisitors Welcome





Calendar



Results



Bookings

There's more to launch than loft



The loft on your driver is only one of the factors that affect your launch angle and distance. We also need to look at the backspin you generate, your angle of attack as well as your setup in order to help you hit longer, straighter drives.



But there's also your attack angle and loft to consider. To find out why these also matter,

Read more

Let's find your ideal launch

Once we've identified the correct driver head and shaft for you, we'll finetune your setup based on your swing, so you can launch your tee shots longer AND straighter than before.

Make a flying start



We want you to feel confident and excited every time you hit your driver.

Let's make splitting the fairway a more regular experience for you.

Discover ZX now

Add 24%

Flexible body, tight game

Stretching regularly won't only improve your game and reduce chances of injury, it'll improve your life off the course too. By looking after your body with strength training you can add up to 24% clubhead speed, according to the British Journal of Sports Medicine.



Poor posture and tight muscles create limited mobility and limit the power you need to go the distance. With the right 8-week strength and stretching routine, you can improve both your swing power and your life.

Tell me more

See the 8-week plan

Flex and stretch

Working on your flexibility and your posture won't only improve your game, it'll improve your life.

Start my journey

If you engage in these exercises, you agree that you do so at your own risk and assume all risk of injury to yourself.



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