Add $\underline{zwartkop@greensidegolfer.retailtribenews.com}$ to your contacts

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Please consider the environment before printing this newsletter.

<u>Click here</u> to join the Zwartkop Country Club Facebook group.



GATE ACCESS: Please could we request that all Zwartkop members, visitors and staff use the right-hand lane for access into the club to ensure that we are able to conduct covid screening.

What's happening on the greens?

Hollow-tining update

Here are a few more fascinating videos from the greenkeeping team – to help you better understand this essential course maintenance practice we have been busy with this week.



The hollow-tine machine close up



Spreading the sand



The putting green – after 2 days of watering

The team used the opportunity to use the tines (cores of grass) removed from the rest of the course to help with the greens on the Par 3 course.

They placed all the tines on these greens, smoothed them out, rolled them and sanded them. A bit of water and fertiliser should see these greens recover in no time at all.



Star of the week

Zwartkop is extremely proud to have it's very first golfer join the Golf RSA Women's National Squad!

Phenyo Sebata was just recently invited to join the squad, which is an awesome opportunity for her to take her golf to the next level.

This will give her access to more big tournaments and hopefully, if she improves as we are sure she will, she will also get to travel outside of South Africa.

Well done Phenyo – all of us at Zwartkop are proud of you!

GolfRSA National Women's Squad for 2022 unveiled



GolfRSA has named the GolfRSA
Women's National Squad for 2022, with
10 new faces joining the group of the
most promising open amateur and junior
golfers in the country.

Phenyo Sebata, bottom left. Image source: Golf RSA website.

My Home Club App

If you have not already downloaded the app, here's a video that will walk you through the process.



Singles club

Congrats to Brent Goddard who won last week's Singles Club.

The gross results were:

1st – Brent Goddard 67; 2nd – John George Pringle 75; 3rd – Russell Heine 77

Net results:

1st - Chris Delport 73; 2nd - Cal Preston 75; 3rd - Jonathan Mather 78

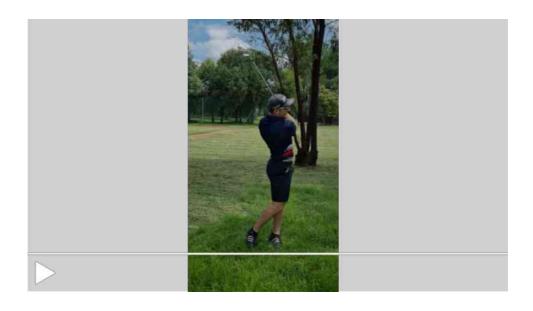
Diarise the next event, which will take place on Sun, 20th Feb.

Contact the golf shop or Chris Delport to enter.



Let us help you play better golf

This week Adam Lowther gives you pointers on how to escape the thick rough.



Adam Lowther is an Assistant Teaching Professional at Zwartkop.

Individual lessons

We have a host of PGA Professionals for you to choose from, so give one of them a call.

Elsabe - 082-922-8408

Justin - 082-925-0236

Adam - 074-747-2030

Curtley - 071-809-3754

Whether it's an individual or group class, a one-off lesson or a package, give them a call to discuss your options on 082-922-8408.

LOOKING TO IMPROVE YOUR GOLF? OUR PGA PRO'S ARE HERE TO HELP YOU!

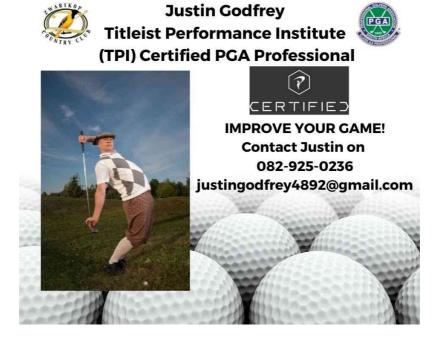


Get your body and golf in sync

Ask Justin Godfrey how he can help you get the most out of your golf.

He is Level 1 Titleist Performance Institute (TPI) certified, and is able to improve your golf through a combination of TPI and golf exercises – especially if there is an underlying weakness in your body which is affecting your golf swing.

Contact Justin on 082-925-0236.







You'll love these deals

Swagg Slacks – Were, R899, now R599

Wilson Golf Bags – Were R3 499, now R2 599

Wilson Packaged Irons – Were R6 999, now R5 499

Cobra Speedzone – Were R10 499, now R8 499

Wilson Stand and Cart Bags – Were R3 499, now R2 599.



Get these before they're gone

If you would like us to reserve any of these items for you, please let us know.

Reserve an item

Golf club trade-in

Chat to Joseph in the Golf Shop for details and use your cash to upgrade your set or buy something else from the shop!







Calendar



Results



Bookings

Thirty-five metres further

What a difference we can make

Let's create more great experiences for you. Let's create greater thrills and better walks. Let's have a look at your tee-shot efficiency: your impact position and consistency, and your launch conditions created.



Although an LPGA Professional is swinging their driver at the same speed as one of our regular golfers, they're going 35 metres further. They're creating 2.41 metres for every mph of swing speed, while our regular golfers are only generating 2.09 metres per mph.



That translates into a different experience on the golf course. The next time you play, if you've hit a good tee shot, after you've hit your 2nd, walk 35 metres further and stop. What would your 2nd have looked like from there? How would you feel about that approach shot?

Go for the experience

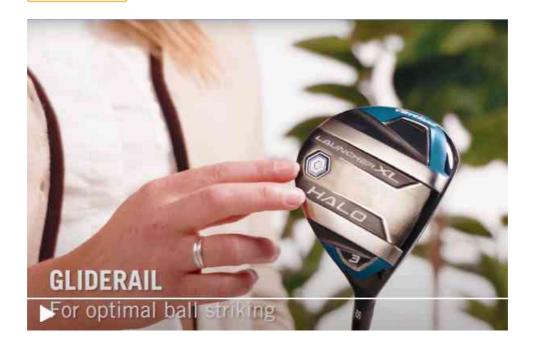
For our regular golfers, we're less interested in your scorecard or handicap, and much more interested in your experience and enjoyment playing the game. Finding more fairways, and going 35 metres further would be a lot of experience and enjoyment. Let's go for that.



Duffing shots off the deck?

Then you need the Gliderails on the new Cleveland Launcher XL HALO Fairway.

Watch video



Pivot perfect

It's all connected

Your arm power and shifting of your weight both contribute to power when you pivot in your backswing, but there's more to it. If your body isn't strengthened properly, your swing will be affected. Here are some common mistakes:

- · Too much arm swinging
- \cdot Too much swaying side to side
- Torso not twisting





You need to strengthen your pivot with strength exercises for your entire body to get the most out of your swing.

Tell me more

Be the best you can be

Every golfer pivots in their backswing but not everyone pivots the same way.

You need to understand how your body moves to unlock your potential. An assessment will help you do this.

Book now

If you engage in these exercises, you agree that you do so at your own risk and assume all risk of injury to yourself.



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