

Gate access: *please could we request that all Zwartkop members; visitors and staff use the right-hand lane for access into the club so that we can conduct Covid screening.*

Dale's Tips on reaching your goals...

There are many golfers whose golfing goal is to break either 100, 90, 80 or 70. These have become magical numbers for golf scoring.

Over the years, I have noticed that a golfer will be scoring regularly in the middle 90s and every now and then will score a 91 or 92. Then suddenly one day, they will break the Big 90 with an 88 and the next thing you know, they are scoring most of their rounds in the 80s.

Suddenly, they appear to have improved by four or five shots a round, even though this often happens without golf lessons or even practice. I put it down to confidence and sometimes even, course management.

These are the ways you can improve your scoring and your handicap:

- 1. Practice** – Two great quotes – Ben Hogan who said; *“The secret to golf is in the dirt”*, in other words, hit balls. The second, by Sam Snead; *“Practice puts brains in your muscles.”*
- 2. Lessons** – I’ve gotten into trouble before by saying this, but I believe it’s a fact. *“Amateurs teach amateurs to be amateurs”*. Get advice from experts. Go to a PGA Pro for a golf lesson – that will be the best money you have ever spent.
- 3. Get out onto the course** – I believe that 9 holes in the late afternoon – even on your own – is better than standing on the practice tee hitting balls. Firstly, you hit all the different shots, plus it helps with number 4...
- 4. Course Management** – Always try to play the shots you know you can play. If you hit into trouble, concentrate on getting out of trouble. Go for the simple shot, not the impressive shot.

The better you play the more you will play, and the more you play, the more you will enjoy the game!

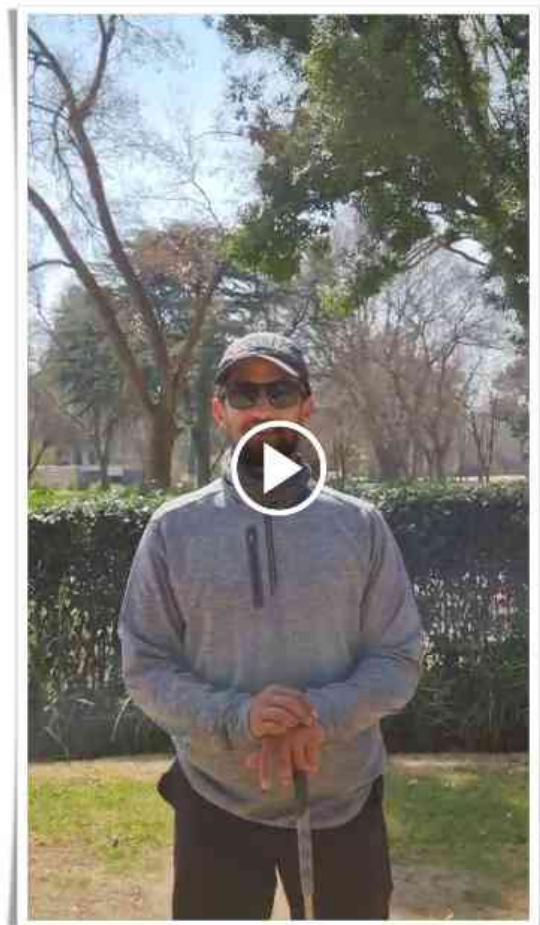
Star of the Week

Elsabe caught up with young **Damian Ehlert**, who broke 100 for the first time!



Struggling with alignment? Let us help you to play better golf

Curtley shows us how to achieve good alignment in this video below.



Curtley Roberts is an Assistant Teaching Professional at Zwartkop.

Singles Club

Contact **Chris Delpport** for details.



ZWARTKOP SINGLES CLUB
Sun, 15th August - PM

Single Figure Handicappers only
R100 entry fee (matched by the club)
Cash payout for the nett & gross winner

Contact Chris Delpport 079-510-9062

The background of the flyer is a photograph of a golfer in a dark blue shirt and light grey shorts, captured in the middle of a golf swing on a lush green course. In the distance, there are trees, a small pond, and a clear blue sky with light clouds.

Junior & Adult Group Classes

We also have Junior and Adult Group classes available for all levels of golfers – beginners through to advanced.

Give Adam **(074-747-2030)** or Curtley **(071-809-3754)** a call to discuss your options.

ADULT GROUP LESSONS

MON 11h00-12h00 OR 16h30-17h30 & SAT 11h00-12h00
R1200 PER SCHOOL QUARTER

8 students max per class. Beginners to lower handicaps are welcome & we will cover all aspects of the game



Bookings essential - Contact Adam on 074-747-2030



Golf Shop



August Specials

The perfect opportunity to upgrade your golfing gear

All Jackets & Jerseys

Less 25%



Adidas Code Chaos Shoes

R1 399 – SAVE R1000



Wilson Putters

Less 15%



Wilson Golf Bags
Less 15%



Grab your gear before they are gone. Reserve your item in the link below.

[Reserve now >](#)

Jokers Wild draw!

Come on down for a drink, listen to some live music and the draw gets done at 18h30.

JOKERS WILD

**EVERY FRIDAY
LIVE MUSIC & THE CHANCE
TO WIN CASH PRIZES**

Draw will be done at 18h30



Events, Results & Online Bookings



[Calendar >](#)



[Results >](#)



[Bookings >](#)



Zwartkops Hair and Beauty

August Hair Specials

Full colour cut and blow R550
Root colour cut and blow R450
Full head Highlites R850
Half head Highlites R650
Cut and Blow R250
Mens Cut R100
Brazilian Blowave R850

Open from 8am till 5pm Tuesday to Saturday

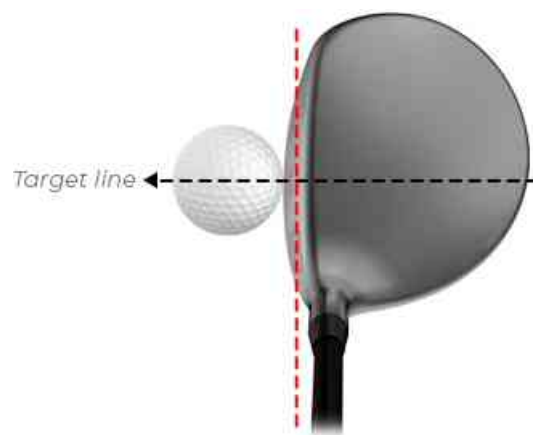
Zwartkop Country club
Salon is situated at the clubhouse

NADINE:0828759056

No more slice
Where are you going from here?



Shooting below 85 or even near to that number is very difficult if your first move on the downswing takes your hands “outside the line” (that’s a technical term we use to describe the relationship between your swing and the plane).



“Once your hands get outside, it is almost impossible to hit a straight shot (unless it’s straight left for right-handers). You are trying to manipulate the face to be square to the target line. At best you’ll have a fade. Inconsistency is the most likely result.”



No more slice

Finding the fairway off the tee makes the rest of the hole so much more enjoyable. Then hitting an approach at the green becomes fun. If losing the ball to the trees or rough off the tee, or to the bunkers or water on approach, because a slice or fade ruins too many of your holes, then let's change that right now.

[Join our Masterclass >](#)



The Srixon ZX4 gives you easier launch, added distance and improved accuracy in a package that looks clean and confidence-inspiring at address. But how does it stack up against the ZX5?

[Find out now](#)

Set Your Foundation
Mobility for more smash



We know that increasing your smash factor by just 0.05 can add 10 metres to your tee shots. But did you know that increasing your pelvic mobility can help you hit that smash factor more consistently?

Find your smash factor >



"The pelvic area - where your femur (thigh bone) connects to your hip - becomes tight for many people. Sitting at a desk all day is one of the factors causing this. Mobilizing this area helps you get into good positions for a smooth swing plane and better ball striking."



Pigeon stretch

This stretch is a great way to open up your hips and pelvis, and it can be done anywhere. If you're unsure how to perform this stretch, please ask a fitness professional.

How's your mobility?

A swing assessment can help us identify any areas where you might be restricted. Then we can decide whether a change in technique or a recommended visit to a physical trainer or both, would be best for you.

[Get moving >](#)



To ensure delivery, please add zwartkop@greensidegolfer.retailtribenews.com to your contacts.

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