Club Website | www.zwartkopproshop.co.za | Tel: 012 654 2111



April Fool Members Sale

Don't miss out, it's today only!



Easter Golf Special and Sunday Bring & Braai

Tee it up with three buddies tomorrow, Sunday or Monday afternoon and get two golf carts for free. You must tee off between 11h15–13h25 and only golfers with a drivers licence may drive a cart. Call the Golf Shop on (012)654-1444 to book a tee time or book online.

At a loose end for lunch this Sunday? Come down to the Club for a relaxed Bring & Braai with live music!

Easter Sunday Bring & Braai



We would love to hear from you

<u>Click here</u> to answer a quick survey on the Club and its facilities.

Please fill in this survey, either via the newsletter or App this week. You can also take part at the Club on Friday, Saturday or Sunday. If you do, your name will go into a draw where six lucky members will win a dozen golf balls.

Vusi and Happiness' Golf Day

Vusi and Happiness would like to send out a huge thank-you to each and every one of you that participated in their golf day last week.



Hero of the Week

Joe Poipao is making strides with his golf game, thanks to Justin Godfrey and TPI!



So, before I took up golf lessons with Justin I was shooting scores of between 100 and 110. After five lessons and my third game, I broke 100 and shot 98. Thereafter, I maintained scores in the mid-90s. After COVID, I was shooting in the low 90s and shot 90 four times.

I then went back to Justin and asked him to help me get into the 80s. We then started TPI Coaching Lessons which helped me with my hip rotation and overall upper body mobility, stability and flexibility. After just four lessons, in my last two rounds I shot 87 and 88 – I 100% credit that to my TPI lessons!

Here is Justin's response

Joe has been coming to me for TPI sessions over the last month where we have managed to get his physical handicap of 33 down to a 29.

This is a huge improvement as he was only seeing me once a week whilst having customized correctional exercises to do at home in his spare time.

We focused a lot on helping Joe with his pelvic tilt, to allow for a better overall golf posture. We also focused on his hip mobility, both internal and external, which will allow him to not slide, or sway in the swing. This will help with promoting more speed in the swing, which will result in him getting more distance.

By focusing on other aspects that play a huge part in the golf swing we have also managed to help reduce the back pain Joe used to get after a round of golf and this is fantastic, as the main focus of the TPI is to promote a swing that can be effective for your body whilst limiting any pain along the way.



Justin Godfrey is Level 1 Titleist Performance Institute (TPI) Certified. You can contact Justin on 082-925-0236 / justingodfrey4892@gmail.com.

Handy Hints from the Golf Shop

Whoever said secondhand golf balls were a thing of the past has no idea what they are talking about. Check out this video and find out why. Joseph Phiri gives you the low-down on secondhand balls.





Conquer the course with confidence

Adam Lowther gives his first video tip a go. Here's valuable advice on how to use your chest correctly during your swing.



Individual Lessons

We have a host of PGA Professionals for you to choose from, so give one of them a call.

LOOKING TO IMPROVE YOUR GOLF? WE CAN HELP!



- Elsabe 082-922-8408
- **Justin** 082-925-0236

- Adam 074-747-2030
- Curtley 071-809-3754

Whether it's an Individual or Group Class, a one-off lesson or even a package. Give them a call to discuss your options on **082-922-8408**.

Driving Range Membership

Take up our *Driving Range Membership*. For **R250 per month** you will receive unlimited range golf balls. This will be well worth it if you are an avid visitor to the range and hit a lot of balls.

*Offer is only available for current members.





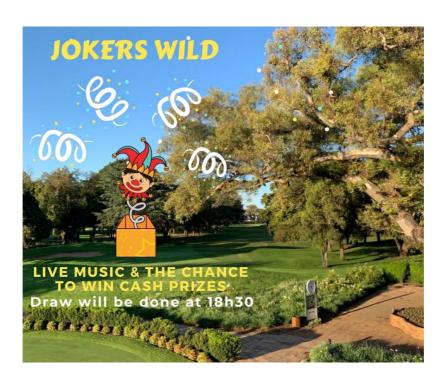
Our trade in offer continues

Could it get any better than this?



Tomorrow's Jokers Wild Draw is over R40,000

Come on down for a drink, listen to some awesome live music and the draw gets done at 18h30.



One fitting. Many moments of joy.

From tee to fairway to green, you have many opportunities to experience joy. Whether it's splitting the fairway with your driver, setting up a birdie putt on a long approach, holing out with your wedge, or sinking a 10-footer.

When you're playing with fitted clubs, you're going to experience moments like this more often.



Take advantage of technology

New technology is making the game easier and giving more golfers access to more moments of joy. But no matter how brilliant the technology is, if it isn't fitted to your game, you're not getting everything it has to offer.

Find your fit >



If you're looking for help launching your iron shots longer and straighter with more ease, you'll find it in a club that, at address, could pass as a players-distance iron. But you don't have to take our word for it,

Experience the new ZX4 >

A better life for our children

We all want our children to be happy, healthy and safe. Golf provides the ideal environment for this, while also giving them a skill they can benefit from for the rest of their lives. And the earlier a child gets into golf, the more easily they pick it up and the longer they benefit.



Developing healthy children

Golf develops body and mind. Physically, it helps children develop coordination, balance and flexibility while psychologically, it develops patience and focus. Not to mention, the social nature of the game creates many opportunities to form friendships.

Ask about junior golf >

Mis-hits **used to mean** coming up short...



But Cleveland's new Frontline Putter helps your ball roll the full distance, even when you don't strike it out of the middle.

Find out more >











To ensure delivery, please add zwartkop@greensidegolfer.retailtribenews.com to your contacts.

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