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Tuesday, 06 August 2019

[Club Website](#) | www.ianhayes.co.za | Tel: 012 654 2111



Celebrate Women's Day with a FREE Golf Clinic

Ladies, join us for a fun, FREE Ladies Golf Clinic this Women's Day! Bookings essential so give Justin a call on **082-925-0236**.

LADIES, JOIN OUR FREE WOMEN'S DAY GOLF CLINIC

10h00 - 11h00
Fri, 9th AUGUST



Bookings essential - call Justin 082-925-0236

Elsabe and Justin will also have a **Buy One-get One Free lesson** special for ladies during August so make sure you take advantage of it and get your game on track for summer. Call Elsabe on **082-922-8408**.

2019/2020 Zwartkop Company Challenge

Thames Zwartkop Company Challenge Competition starts on Wednesday 14th August from

Wed, 14th August so

you still have time to enter a team. The entry fee is just **R400** per player including green fees, competition fee, halfway & dinner; R250 per pre-paid member & R240 per golf cart.

Contact Sharon for entries or further details on **(012) 654-1144** / sharon@zwartkopcc.co.za.



Francois Anderson is a golf ball magnet...

Be warned if you are playing with Francois Anderson – he's a golf ball magnet. He's been hit by golf balls twice in one week!

League Update...

Congrats to the Zwartkop Mid-Am team who played against Services at home on Saturday and won 5½-2½. Unfortunately our other team suffered a big loss at Copperleaf while the ZCC 1 Junior League team beat Blue Valley 4½ - 3½ on Sunday.



Mid-Am League Team at Home on Saturday

Condolences...

Our condolences go out to the family & friends of Mr Hendrik de Villiers who passed away on Saturday. Mr de Villiers was a member at Zwartkop for ten years.

Please take 5 minutes to do a survey...

Lauren L'Ange from the Tshwane University of Technology (Department of Nature Conservation) would greatly appreciate as many people as possible taking 5-minutes to complete her online survey regarding microplastics and plastic pollution on the Hennops River.

Simply click on [this link](#).

The link works for all devices (pc, tablets and phones).

Practice with Purpose in August...

Join Elsabe and Justin every Wednesday from 12h00 – 13h00 in August as they focus on whatever you need help with so ANYTHING GOES!

PRACTISE WITH PURPOSE

Join Elsabe & Justin's PRACTISE CLUB

Have fun & Make new friends...

12h00 - 13h00 EVERY WEDNESDAY

R100 FOR THE MONTH

AUGUST FOCUS

ANYTHING GOES - WHATEVER'S BOTHERING YOU!



Call Elsabe on 082-922-8408

We've got the whole family covered when it comes to golf lessons

We have a variety of classes available for junior and adult golfers. We have a new Adult Group Class on a Saturday morning from 10h00 to 11h00. Chat to Elsabe to find out what would suit you best - **082-922-8408/ elsabe@zwartkopcc.co.za**.

ADULT GROUP LESSONS

A group of adults, including men and women, are on a golf course. Some are standing and talking, while others are in the middle of a golf swing. They are dressed in casual golf attire like polo shirts, trousers, and caps.

A great way to learn or improve your golf - and it's more fun in a group!

R1000 PER SCHOOL QUARTER

8 students max per class. Beginners to lower handicaps are all welcome. We will cover all aspects of the game

Contact Elsabe on 082-922-8408 / elsabe@zwartkopcc.co.za

Junior Group Lessons



1 hour / week in public school terms
Classes grouped according to ages & 8 kids max / PGA Coach

Our juniors get:

*FREE golf membership

*FREE golf after 16h00

*Free Range Balls after 16h00

*Free use of the Mashie Course

*Fun Junior four-balls on a Sat afternoon

Contact Elsabe 082-922-8408 / elsabe@zwartkopcc.co.za

GOLF
is the
Game of a
lifetime!



Jokers Wild Draw...

James Beukes is a lucky son of a gun. He won Friday's Jokers Wild draw again! While he took home R1032 he did not find the Jokers card and so the pot has grown to R26 855.

Don't miss out on your chance to win big on Friday! Pop down for drink on Friday afternoon where we have live music going and the draw gets done at 18h30.



Get in shape with Bootcamp & Personal Training now at Zwartkop

Are you ready Zwartkops ?



Join our outdoor fitness group sessions

Times: 20:00 - 21:00 on Monday, Wednesday & Friday

Where: We meet in front of Cellar Shop

What to expect: Bring your fitness kit and attitude

Nothing is impossible, book your space today

Monthly body measurements - Fat % - Muscle % - Blood

Personal training

Excuses DON'T BURN CALORIES

R370 per month

Daphne Jacobs
072 297 4937
daph01@icloud.com

All fitness levels welcome.

 [daphnejacobs](https://www.instagram.com/daphnejacobs)
 [daphnejacobs](https://www.facebook.com/daphnejacobs)

Daphne Jacobs offers 1-on-1 sessions in the gym in addition to outdoor Boot Camp classes. Contact her for more details on **072-297-4937/ daph01@icloud.com**.

New members

We'd like to welcome the following new members to the Club – **Mr Abrie van Blommestein; Mr Mike Murley; Mr Andre Bruyns; Mr Hermann Kaltwasser; Mr Anton Prinsloo; Mr Neven Govender & Ms Liandri Potgieter.**

We wish you many happy years at Zwartkop. Please contact Ian Hayes or Joseph Phiri in the Golf Shop **(012) 654-1144/ golfshop@zwartkopcc.co.za**, should you need any assistance at all in getting acquainted at the Club.

Zwartkop Hair & Beauty Salon

Call or whatsapp Idah for Beauty Salon bookings on **067-297-3952** and for the Hair Salon, you can make use of the online booking system – **www.hairbytracey.co.za** or whatsapp **066-253-1540**. Book for beauty sessions by calling Idah on **067-297-3952**.



ZWARTKOP HAIR AND BEAUTY SALON
AUGUST SPECIAL

Full service for only R690
valid only on Wednesday and Friday

Full color / highlights
Cut & Blow wave
Moist treatment
Brow shape and tint

Call / WhatsApp on
066 253 1540


HAIR & BEAUTY SALON



What's coming up?

Tues, 6th – TASTY TUESDAY - PM & HALF PRICE PIZZA TUESDAY NIGHT!

Tasty Tuesday includes a golf cart sharing & a pizza after golf! Members pay R290 (prepaid greenfees pay R185); Affiliated Visitors pay R370 & Unaffiliated Visitors pay R470.

Pizza Night - Bring the whole family down for a treat. T's & C's apply, including standard pizza's only & no take-away's. We'll have live music.

Wed, 7th – Open Day – AM Only / Golf Day - PM / Wooster Wednesday – live music & unbelievable chicken flatties...



Thurs, 8th – Meat Day – Members pay R260 including comp fee & Affiliated Visitors pay R280 including comp fee.

Fri, 9th – Women's Day Public Holiday Open Day & Jokers Wild Draw at 18h30

Sat, 10th – Members Day - All Day

Sun, 11th – Members - AM / Open Day - PM

Mon, 12th – Monday Madness (Members & Affiliated Visitors pay R225 (includes golf & a golf cart on a sharing basis). Non-affiliated golfers pay R335) / Golf Day - PM

Tues, 13th – Tasty Tuesday – All Day & Half Price Pizza Night!

Wed, 14th – Open Day / Zwartkop Company Challenge – PM

9-Hole Specials - Play 9 holes after 15h30 & the price includes a cart & bottle of water - Members R120 (No cart = R70); Visitors R150 (No cart R100) & Juniors R100 (No cart R50).

Fun GNGU events for you to participate in:

7th Aug - Senior Women @ Wingate

11th – Juniors 18 Holes @ Cullinan

22nd Aug – Senior Women @ Pebble Rock

29th Aug – Nomads @ Waterkloof

You can enter via the [GNGU website](#)



Our Caddies deserve more...

OUR CADDIES DESERVE MORE

**Yes, our caddie fees have gone up,
but for the first time ever
they have job security in that
their fee now covers all the
Basic Conditions of Employment -
and more ie.**

**UIF; Skills Levy; COID
Funeral Fund**

**Annual Leave, Sick Leave, Family
Responsibility Leave & Public Holidays
Halfway House & Uniforms**



**Zwartkop is one of the first Clubs to embrace this and you will
see it happening at more and more clubs!**

We trust you will embrace this and continue to support them



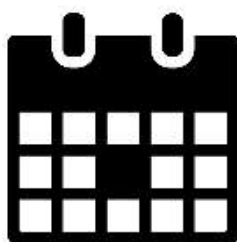
Golf tip of the week

Let us help you play better golf....

This week Elsabe looks at how tee markers on a tee box can influence how you line up.



Events, Results & Online Bookings



Calendar >



Results >



Bookings >



Spin: friend or foe?

How can you influence spin rates?

Manufacturers have long known that regular golfers needed a higher launch angle on tee shots. For a while, they tried to urge golfers to play super-high lofted drivers. But while increasing the dynamic launch angle (the actual angle the ball launches), it also created the side-effect of too much backspin for many.



If you create too much backspin for your ball speed on your tee shot then you create too much lift. The ball will balloon and then fall too quickly to the ground, robbing you of distance.

By fixing a very common swing fault, most golfers can increase the launch angle and

By fixing a very common swing fault, most golfers can increase the launch angle and lower spin rates to increase distance off the tee substantially.



Many golfers have a slight downward angle of attack on the ball with a driver, but that has the effect of lowering launch angle and increasing spin rate. A very poor scenario for most golfers.



21 extra metres

TrackMan data shows us that a golfer with an 80mph swing speed who changes their angle of attack from -5° to $+5^{\circ}$ increases their dynamic launch angle by 4° , but even more importantly reduces their spin rate by over 1,000rpm. And that means 21 extra metres.

Don't let spin rob you

Book an assessment with us and let's find your personal launch DNA: the perfect match

of launch and spin for the ball speed you're creating.

Contact us >

Be like Ernie...



XXIO

BE LIKE ERNIE.

PLAY XXIO X TO EXPERIENCE EASIER DISTANCE,
EASIER ACCURACY. EASIER GOLF.

NOTHING COMPARES TO THE INCREDIBLE
LIGHTWEIGHT FEEL & GAME-CHANGING DISTANCE
YOU WILL EXPERIENCE WITH XXIO (Zek-Si-Oh).
EXOTIC MATERIALS & UNPARALLELED CRAFTSMANSHIP
FOR MODERATE SWING SPEED GOLFERS.

ERNIE'S DRIVER
OF CHOICE

XXIO X 10.5° DRIVER
PX BLUE 6.5 SHAFT

It's time to do something

A staggering fact

Scientific research indicates that, despite the medical advances that are curing many diseases, the life-expectancy of the latest generation is going to be 5 years less than we currently live!



We're not here to lecture anyone on diet, nutrition, or "screen-time". But we do believe that we need to get our children to embrace a more active lifestyle.



That's why we want to help

If you have a child or grandchild, then let's get them started playing golf. We'll make it fun and enjoyable, social, and active. We want them to be healthier for their whole life. We want them to have those 5 years back. It's time to do something.

[Contact us for an assessment >](#)



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